

## MEMPHIS-SHELBY COUNTY SCHOOLS

# UPDATED QUARANTINE PROTOCOL



Positive cases isolate for a minimum of five (5) days after the onset of symptoms.

- Cases may be released from isolation after they are fever-free for 24 hours (without medication) and show improvement in symptoms.

**Asymptomatic** persons who have had close contact with a COVID-positive person are no longer required to quarantine but should wear a mask for 10 days.

- Close contact means being less than 6 feet away from an infected person for 15 minutes or longer over a 24-hour period.

**If you develop symptoms**, get tested immediately and quarantine until you receive test results.

If no symptoms develop, the Tennessee Department of Health recommends that you get tested **on or after day five (5)**.



The Contact Tracking Team remains available to answer questions and address concerns Monday through Friday, 8 a.m. to 4 p.m. The number for the team is **901-416-1730**.